### What Belongs in My Compost Pile?

**MATERIAL** | **CARBON/NITROGEN** | **INFO**
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fruit & vegetable scraps | nitrogen | add with dry carbon items
eggshells | neutral | best when crushed
leaves | carbon | leaves break down faster when shredded
grass & garden clippings | nitrogen | add in thin layers so they don’t mat into clumps
straw or hay | carbon | straw is best; hay (with seeds) is less ideal
seaweed or kelp | nitrogen | rinse first; good source for trace minerals
wood ash | carbon | use only ask from clean materials; sprinkle lightly
chicken manure | nitrogen | excellent compost 'activator'
coffee grounds | nitrogen | filters may also be included
tea leaves | nitrogen | loose or in bags
dryer lint | carbon | best if from natural fibers
newspaper, shredded, paper or cardboard | carbon | avoid using glossy paper and colored inks
wood chips/sawdust | carbon | high carbon levels; use sparingly

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What doesn’t belong in my compost pile? Meat, Fish, Bones, Perennial Weeds, Diseased Plants and Pet Poop

For more information please visit: tinyurl.com/Composting101